



CHOICES

A Quarterly Newsletter about Self-Determination in Dane County
WEB VERSION: Vol. 11 No. 4 Winter 2010

The next issue of CHOICES will be out in March, 2011. Contact the editor, Stefanie Primm, with ideas for articles before January 7.

**SPRING
INFOSHARE
On Page 2!**

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***Learn all about
CHOICEY AWARDS
On Page 2***



Kathleen Falk, Dane County Executive
Photo credit: Dane County

Farewell to Kathleen Falk

by Catherine Clodius

I would like to thank Monica Bear and Nan Cline of Dane County Human Services for answering some questions on why Kathleen Falk is leaving her position as Dane County Executive.

Kathleen Falk announced her resignation to all of Dane County employees and the citizens of Dane County on October 4, 2010. Kathleen Falk feels like it is the right time to leave her position and work on finding new challenges. All the citizens of Dane County wish Kathleen Falk well in whatever she decides to do in the future. Kathleen Falk is expected to leave her position as Dane County Executive by the end of December, 2010.

According to Monica Bear, "Scott McDonell, will appoint someone to take Kathleen Falk's place from the time she leaves until the spring election." Both Nan Cline and Monica Bear were happy about the 3% budget restoration to DD services. However, the 2011 budget is not finalized until later in November, 2010. This means continued advocacy is necessary to insure the DD budget does not get cut any further.



Dale Buttke, July 28, 2010

I have a very good thing,
I just really like to sing.
I do not smoke a stogie,
But I do like karaoke.

It may sound very funny,
But I like to sing when
it's not sunny.
And maybe my name
is in lights,
It will to me be a
great fright.

I will go do things,
But I would rather sing.
And I like karaoke,
Singing until the mic
gets smokey.

At karaoke I will
be singing,
Until my throat is tingling.
I will have a great time,
With words that rhyme.

Singing at karaoke,
I will not be pokey.

Bear in Mind . . .



Monica Bear is Dane County's Community Services Manager for Developmental Disabilities

As I write this I am clearing my desk for the Thanksgiving holiday. The county board has approved the 2011 budget, we have elected a new governor and our county executive has resigned. Much will change in the coming year as we adjust to new leadership on all fronts. In the holiday spirit, I would like to extend a huge thank-you to the hundreds of people with developmental disabilities, their families and providers who made phone calls, had face to face meetings with their county supervisors, provided public testimony and showed up at numerous county board and committee meetings this fall. Last spring the county's DD staff was instructed to prepare for 5% budget cuts. The final 2011 adopted budget passes on 0% cuts to DD providers. I am grateful to live in a county that has an engaged community

of advocates who passionately believe in community based supports.

Last Choices newsletter we announced that Linda Kapral had generously named Dane County as beneficiary of a \$5,000 life insurance policy. In honor of Linda's life people had the opportunity to apply for mini-grants up to \$500. The grants aim to encourage social inclusion for people with developmental disabilities in Dane County, especially in the areas of Linda's interests. Her passions included fashion, fishing and food. The activities and organizations receiving CHOICES grants include:

- ◆ Avenues to Community to coordinate a contra dance at Goodman Community Center
- ◆ Waisman Center to defray costs for the Fashion Show For All Abilities (for which Linda was a model)
- ◆ Community Living Connections to purchase fishing equipment needed to resurrect the "Fishin' Fridays" group
- ◆ Options in Community Living to foster relationships with Willy Street CO-OP and Slow Foods, Madison through cooking classes and a community dinner
- ◆ Stoughton Parks and Recreation to create promotional material to promote inclusive recreation in Stoughton as well as purchase fishing supplies
- ◆ LOV-Dane to facilitate a series of Neighborhood conversations designed to deepen the relationships that Eastmorland neighborhood residents with developmental disabilities have with their neighborhood association
- ◆ Catholic Charities to develop a penpal project aimed at connecting individuals they support with senior citizens residing in the All Saints neighborhood adjacent to their offices.
- ◆ LOV-Dane to plant a community pizza garden, then use the harvest to host a pizza party
- ◆ Teamwork Associates to coordinate a photography show at Warner Park Community Center
- ◆ Avenues to Community to coordinate a spa day that connects the people they support with cosmetology students
- ◆ Arc-Dane County to help support their spring ball at the Madison Concourse Hotel
- ◆ Epilepsy Foundation to support their "Thursday Group"

Thanks to all who applied for the CHOICES grants. The time committed and creativity demonstrated will benefit many. An awards ceremony will occur in January.

ANNOUNCING Spring Infoshare: All About Success Stories (Date To Be Announced)

The Infoshare planning team is looking for Success Stories...

Success Stories will be considered for the *Choicey Awards*.

Choiceys will be given out at Infoshare and announced in Choices newsletter next spring.

What is a Choicey Award? *Choicey Awards* were created to recognize the innovative people in Dane County. The awards will be given to revolutionary agencies, brokers, families, individuals or supporters. We want to identify and celebrate all the Success Stories happening in Dane County.

Who is eligible? Any person or agency in Dane County

Can I submit a story about someone I know?
Yes! Just make sure you include

contact information for both of you with the story.

Here 's what you need to do if you want to submit a Success Story:

- ◆ Tell us who you are
- ◆ Tell us your story
- ◆ Tell us why you should win a *Choicey*
- ◆ Tell us how to get in touch with you
- ◆ Submit Success Stories to Rachel Weingarten, by mail 122 E. Olin Ave Suite 100, Madison WI53713 or email: weingarten@waisman.wisc.edu
- ◆ Deadline: January 14, 2011

◀ PEOPLE FIRST ▶

People First Wisconsin Leadership Retreat

by Jeffrey Johnson

Saturday, August 14 was the leadership training retreat in Wausau for People First Wisconsin. It was hosted by People First Wisconsin and the Wisconsin Board for People with Developmental Disabilities (BPDD). The two leaders were John Agosta from the state of Oregon and then Julie Petty from Arkansas. Julie used to be the president of Self Advocates Being Empowered (SABE). We started to talk about People First Wisconsin.

The advisors and advocates broke into two groups. The advisors who stayed with John Agosta. The advocates went with Julie Petty into another room. In the advocate group we talked about how People First Wisconsin got started by self-advocates in 1999. Lisa Mills help start People First Wisconsin as a non-profit organization. Mary Clare Carlson took her place and is our current advisor. The current president is Lisa Gilson. The leadership training helped self-advocates work together.

Then we all sat down together and we started to talk about People First Wisconsin's strengths as an organization. One of our strengths is working together on closing institutions in Wisconsin. People First Wisconsin is trying to get more people with disabilities out of sheltered workshops and trying to get more people into community jobs. A goal for People First Wisconsin is to get more people from different cultures involved with People First.

The People First members go to schools to educate parents about People First Wisconsin. The members of People First teach other advocates how to speak up. Participating with People First is a good way to make new friends. People First Wisconsin needs to get more people with disabilities involved. People First Wisconsin has been active for eleven years. People First Wisconsin tries to get the word out about our organization by inviting people to come to meetings, and to join our board, giving them a membership form, and by the word of mouth.

After supper we had our People First Wisconsin board meeting with John Shaw. Mary Clare asked those that could bring a laptop computer to help members explain Facebook. We explained to everyone how Facebook works. John Shaw was working with members to get them signed up with Facebook so that People First members could talk to their legislators and tell them how to support People First. People First Wisconsin would like the legislators to help support a \$1 floor in sheltered workshops in Wisconsin. We do not want to close the workshops down; we just want to work with them to make some changes.



People First Dane September Meeting

by Cindy Wegner

People First of Dane County had a meeting in September. We had a demonstration from Bob Ohlsen, our County Clerk, of the Electronic Voting Machine. Everyone should use the Electronic Voting Machine, it is much easier! You do not need to have a disability to use the machine. We also had Alicia Boehme from Disability Rights Wisconsin at our meeting. She helps to make sure the polls are accessible to people with disabilities. She helps answer questions and solve voting rights issues, even on Election Day! Call Disability Rights Wisconsin at 1-800-928-8778.

WATCH FOR THESE UPCOMING People First Dane Meetings !

**Meetings are held on the following Tuesdays
from 6:00 to 7:15 pm at 122 E. Olin Ave
Suite 100, Madison**

- ◆ **December 21, 2010** Holiday potluck, bring a dish to share!
- ◆ **January 18, 2011**, Planning for 2011, bring your ideas!
- ◆ **February 15, 2011**, Guest Speaker

People First Dane October Meeting

by Cindy Wegner

We watched two YouTube videos from People First WI. We ate pizza and then Michael Steinhauer from Dane County Emergency Management spoke. Something he told us was that there are only two people in WI that help people with disabilities in case of natural disasters and other big emergencies.

We talked about big emergencies that happen in Wisconsin like tornadoes, fires, big snow storms, and floods. Sirens are important for learning about emergencies. We can also learn about emergencies on TV, the internet, from phone calls, or on a battery operated weather radio.

(Continued on page 7, "People First October")

THE ARC-WISCONSIN EVENTS

Arc-Wisconsin Trips

by Sandy Nelson

The State Arc does trips about 10 times a year now for clients supported by the county. Some they done this year are Milwaukee Brewers, Fireside Theater, Chicago Museum, fall color cruise and more. If you know of a fun place Disability people would like to go, Duncan would like you to share it with him.

I took the 4 hour celebration boat cruise with them Wednesday. It was so much fun. I wanted one of these all my life. A 4 deck cruise ship for 4 hours from Dubuque, Iowa and 4 hours on the Mississippi River.

There was great music, dancing , snacks and more. I got to chat with friends. Such a nice day. One of the staff showed me how to use my cell phone camera. I took some great memory pictures. Now I have some on my home computer. 50 members had a great time.

Please consider doing some things with the Arc and tell Duncan if you have any place in mind that you think people would be interested in going, please let him know.

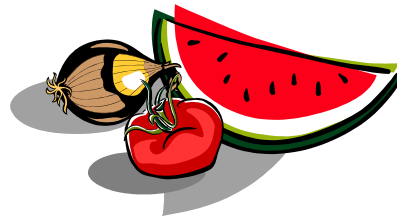
The Arc-Wisconsin's Annual Picnic *"...Everyone goes home with a prize..."*

by Jeffrey Johnson

The annual Arc Wisconsin picnic was held on September 23rd at the Vilas Park Shelter. The picnic was open to the public. The Cool Crew Club (3C'S) is a group of people that were invited to the picnic. Jim Hoegemeier was the main cook. He grilled hot dogs and hamburgers for everyone. The people that came to the picnic were asked to bring a dish to pass.

The entertainment they had at the picnic was bingo and live music. Duncan said, "we'll make sure everyone goes home with a prize even if they won or not." Cathy led the live music. She played on her keyboard. One guy played trumpet and two brokers were singing.

I asked Duncan some questions before I left the picnic. Duncan is one of the brokers for the Arc Wisconsin. I asked him why he picked Vilas Park for the



picnic. He chose this location because everyone knows where it is. Also, it is on a bus line. They just really like it here. The picnic has been going on annually for 8 or 9 years.

Jesse Richards is a friend of mine from Channels to Employment. I asked Jesse how many years he had been coming to the Arc picnic. Jesse said with the help of his job coach that he has been coming for years. There were lots of brokers at the picnic from Arc Wisconsin. There were two reporters from the Choices newsletter at the picnic. I even saw my old roommate Kasey. The Arc Brokers start planning for the picnic in May or June. I really enjoyed myself at the picnic and it was well planned. *Photos by Jeffrey Johnson.*

See More Arc-WI Picnic Photos on Page 7!

Arc-WI Day Trippers See Milwaukee Brewers Game

by Cindy Wegner

We went to Miller Park to see the a Milwaukee Brewers game in Milwaukee. We went to Fireman's Park in Delafield and had lunch before the game.

There were 51 people who attended the trip. The Brewers lost to the Dodgers 7-1. We had lots of fun!



Photo by Jeffrey Johnson

Entertainment...

Looking for Holiday Party Entertainment?

by Jeffrey Johnson



I interviewed Cindy Harrington. She likes to sing and perform. She has been singing since the age of three with her parents' encouragement. She likes to share her music skills with people at different places in the community including the Care Wisconsin Center, VFW retirement homes, Hospice Care, churches, picnics, weddings, funerals, and homes. She has also

auditioned in Nashville, Tennessee. She has been performing at the Art Fair on the Square for four years.

Cindy mostly performs music from the 1930's and older. For Halloween events she especially enjoys singing the Adam's Family theme and the Monster Mash song.

She occasionally performs at Zuzu Café on the open mic on Saturdays. She also performs at Care Wisconsin Center near the airport in Madison. She encourages people with disabilities to play music and keep a positive attitude.

Dan drives Cindy to her performances because of her epilepsy. He plays the trumpet and is a great help to Cindy. Before her accident, when she was 23, she had planned to become a doctor. Cindy was hit by an uninsured drunk driver. After that she was not able to work in the medical field. As a side effect of her accident she now suffers from epilepsy. Cindy is a solo singer though she performs with many different people with many different backgrounds. She performs with trumpet players, drummers, pianists, violinists, flute players, and even her audience depending on how comfortable they feel. Cindy enjoys singing to people with and without disabilities.

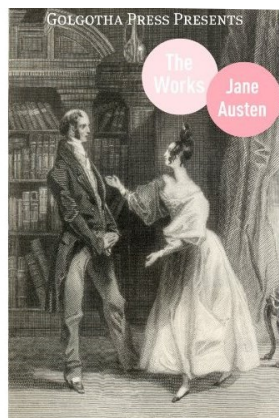
Depending on the audience she can make as much as \$125 an hour, other times she performs for free if the person cannot afford to pay. She usually splits the profit evenly between her fellow performers, but sometimes she performs solo. Cindy can play the flute, piano, and a little guitar, but she clearly is most comfortable when she sings. Cindy Harrington is a very good singer and a good performer.

For more information about one of Cindy's groups, We Are the Entertainers, check out their website at <http://wearetheentertainers.weebly.com>

A Book Report

by Christa Decker

The Works of Jane Austen
Volume VI Minor Works,
Edited by R.W. Chapman



This was a good book. It was written by Jane Austen when she was a young teen, in about 1783. This book was enjoyable and fun to read. I liked the writing style; it is different from books written now. This book

consisted of short stories, a play and poetry. I liked the way the characters came to life, making me feel happy. One of my favorite characters was Henry, because he did so many interesting things. I would recommend this book to other people.

New DJ in Town

by Jeffrey Johnson



James Heiman is currently working as a DJ. His favorite music to play is country music. The artist that most people request is Michael Jackson. James currently performs at Work Opportunity in Rural Communities, Creativity Community Resources and Monona Community Center. He gets paid \$50 an hour for being a DJ. He just picked it up by working and watching other DJ's. He gets his ideas just listening to music.

Whenever a company or someone calls James, he has to consider his skills before taking the job. His dream jobs are; working to be a DJ at the fundraiser for Wisconsin Special Olympics, World's Largest Brat Fest, and the Super Bowl. He would like to travel to many different countries playing his music. He buys his own music. James said, "The most difficult part of being a DJ is tearing down and setting up my equipment." James said, "The best part of being a DJ is playing my own music and interacting with people."

You can Contact James Heiman at DJ Rescue at 608-446-6511. I really liked talking with James about being a DJ. If you have any events coming up please consider James. He is looking for opportunities to start his own business as a DJ.

Choices Reporters' Stories...

DORA'S PET CORNER: *A Day at the Dane County Fair*

by Dora Norland

In July I went to the Dane County Fair. It was an interesting follow-up to my articles about horses and dogs.

My first stop at the fair was to see the mounted patrol horses named Beau and Mack. Beau is a Missouri Fox Trotter; his color is bay. When he is not looking for bad guys, Beau loves to play in water fountains, pick up litter and meet new people. Mack is a quarter horse gelding. You will often see him in the downtown areas of Madison, primarily State St., and often in the night hours on football weekends. Mack cannot resist a roll on a sandy beach. He is very calm and social. Don't put your fingers near a horse's mouth because the horses might think your fingers are carrots!!

My second stop was to see the baby bunnies; when you hold a baby bunny, hold them close to you with two hands. Because a baby bunny is so small and tiny, the bunny could get away from you.

My third stop was to see the baby chicks. The baby chicks come in different colors like brown and yellow. The baby chicks are so small that they fit in the palm of your hand. Hold a baby chick close to you with two hands or they will get away from you.

My fourth stop was to see the K-9 unit team with Jim O'Donnell and his dog Johnny. Johnny showed how fast a dog could run and catch a criminal by grabbing their arm. You will not get away from a K-9 dog because they can run faster than you.

My fifth stop was to see the Cavallo Equestrian Arts presenting the Ma'ceo Gypsy Festival. They rode a horse backwards and rode two horses standing up. Next they showed how they could jump over hay barrels while riding two horses facing forward.

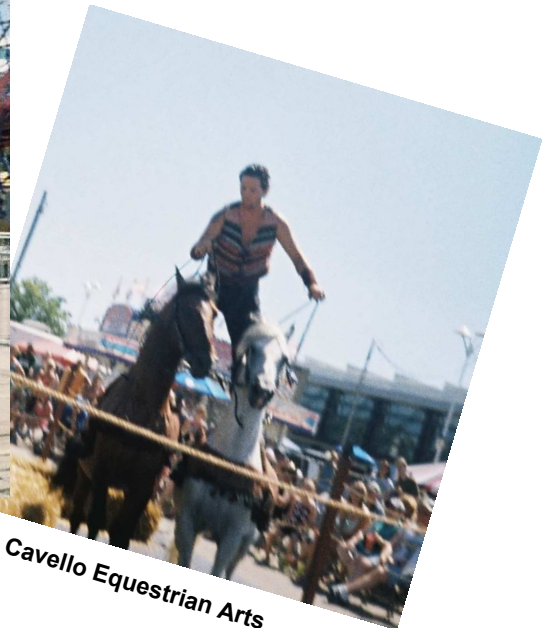
I had a lot of fun at the Dane County Fair. I hope you can make it out there next year and enjoy it as much as I do.



A chick and a duck
Photos by Dora Norland



K-9 Team mock attack



Cavello Equestrian Arts

People First October, continued from p. 3

Michael told us we need to be able to hear about emergencies all day and night. We all need to plan for emergencies. When you hear a siren, turn on the TV or radio to learn what is going on. Then go to your safe place. We need to have an escape plan with two ways out of the house. To plan ahead for when a storm is announced have a first aid kit, flashlight, extra batteries, and a storm radio ready. Also get extra food and medication.

Dane County Emergency Management has a registry people who are very vulnerable and need extra help in an emergency. Mike also talked about support brokers being responsible for being sure everyone has a safety plan. Every agency needs a plan to stay open so they will have walkers, wheelchairs, etc., at shelters in case people with disabilities have to go there in an emergency. There is a way that your pets can be cared for in an emergency. We were given a hand out about planning.

LOV-Dane Pilots New Project

by Jeffrey Johnson



I interviewed Jeremy Gilomen, he is working on a project with LOV-Dane (Living Our Visions) called the Life Assistant Project that just started this spring. Jeremy, along with several other LOV-Dane members, hired a life assistant, a person who helps another person to organize their life. Jeremy said that he is a very busy guy and that he is disorganized, does not write down activities, and forgets day-to-day appointments

Each person has different needs and requires different support. The Life Assistant works with Jeremy and the other LOV-Dane members in the project. They are currently working with four families in LOV-Dane. They have all of their events written down or entered into their iPods. The one part of Jeremy's accomplishments so far that he is most proud of is being organized, focused, and having a central calendar of all his events. Getting his tasks done and keeping track of his appointments have made him more organized and more independent.

The ARC-WI Picnic Goers Enjoy Great Food



The Catholic Charities Halloween Party Crowd (Story page 8)



Photos by Jeffrey Johnson

What's Going On Around Town?

TimeBank Birthday Party

by Cindy Wegner

The Dane County TimeBank is now 5 years old. At their Birthday party they had a silent auction. They had snacks to eat, soda pop, and water. We played Thanksgiving bingo. The prizes came from the TimeBank store. They had music and sang some songs.

There was a book reading by P.C. Stevie B. Love. The book title is *Cold Blooded and Damn Right Dirty*. He did another reading on October 24th, 7pm at Mother Fools at 1101 Williamson Street. His book is for sale. For more information call Emma at (608) 249-1585.

Catholic Charities Halloween Party

by Jeffrey Johnson

I interviewed Theresa Wonders-Tamez about Catholic Charities annual Halloween party. This annual Halloween party was started in 2003. This was their seventh annual Halloween party for Catholic Charities. Their first Halloween party only had 40 people with disabilities attending and now they have 175 people with disabilities every year. It is always held at the Bishop O' Connor Center.

They had two events, dancing and a costume contest. People got together and had a lot of fun. They had a fake brain in a jar on the table by the DJ.

The winners of the scariest costume were the two Draculas and the winner of the spookiest costume was the Ghostbusters. The winners of the funniest costumes were Avatar and the pink ladies from Grease. Everyone that came was a winner. I was in the scariest line, I was Peter Chris from Kiss but I did not win. I had fun anyway.

It is fun for the brokers and the staff and all of the consumers. They even had pizza. This Halloween party is open to anyone that has a Catholic Charities broker. The Catholic Charities Support Broker program hosted the party. (Additional photo opposite)



Winner of Spookiest Costume: Ghostbusters, Rob P. Photo by Jeffrey Johnson

What does Jeffrey Johnson Do When He's Not Writing Choices Articles?

by Jeffrey Johnson

I got very excited about to go see my favorite band play in Milwaukee at the Marcus Amphitheatre. My favorite band is Kiss. My friend Josh and I left Madison on Thursday September 2nd at 4:00 pm. We arrived at 6:30pm.

When we got there I stop at the souvenir store and I brought a Kiss program and a Kiss t-shirt. We had great seats. The funny thing is that Josh and I had the same seats that I and Leeann had at Summerfest 2009.

The First band that played was "The Willy Bar", second band that played was called the "Envy", and the last warm up band was called "The Academy Is." We only heard two songs from the Willy Bar because we arrived at 6:30pm and they started playing at 6:00 pm. Kiss started performing at 8:30PM.

The current Kiss tour is called the Hottest Show on Earth. When Kiss played a song I was singing along with them. My friend Josh has never been to a Kiss concert until now. I know most of the songs they played Josh knew some songs they played too. We both had a great time at the concert.

Every ticket you buy Kiss donates \$9.00 to CSRA (Central Savannah River Area) Wounded Warriors Care Project. Kiss has raised \$295,230.00.

There were a few changes with the band this year. Tommy Thayer replaced Ace Frehley on guitar and Eric Singer replaced Peter Chris on drums. The Kiss band still has their two original singers Paul Stanley and Gene Simmons.

The concert didn't end until 11:15 we got home very late that night. We both had a fanatic time this was the very best kiss concert I have ever been to. This one beats them all, if you ask me.

I have been to eight Kiss connects. The first time I saw Kiss play in concert was with my friend Gary on August 10, 1996 at the Bradley Center in Milwaukee. We had fun, even though we were up in the nose bleed sections. The second time was at the Memorial Coliseum in 1998. The third and forth time I saw them in concert at the Marcus Amphitheater. In 2000 it was for their farewell tour and I went with my friend John Foote both times. The fifth time I went with my best friend Craig Rossomando in 2003 at Alpine Valley. The sixth time was with my mom at the Kohl Center in 2004 in Madison. The seventh time I saw kiss in concert was with my friend Leeann at SummerFest 2009. But the best Kiss concert was with my friend Josh in 2010. If you think this will be the last time I see Kiss in concert you are wrong! I think I even turned Josh into a Kiss fan!



Job Opportunity

Cottage Grove/Monona area family looking for an individual/individuals to provide Supportive, Personal, and respite care for a 17 year old girl with developmental disabilities. For more information, please contact Kerri Bartley at 920-765-1481 or email bartleykerri@yahoo.com

Announcement:



2011 WINTER BALL



The Winter Ball – sponsored by The Arc-Dane County, Epilepsy Foundation and the Madison Concourse Hotel – will be held on **Sunday, January 9, 2011** from **2:00 – 5:00 p.m.** at **The Madison Concourse Hotel, 1 West Dayton St., Madison, WI.** Tickets must be **pre-purchased** from The Arc-Dane County for each person. (Sorry, no free tickets for staff, attendants, or family members). The ticket includes the Ball and light snacks. The Epilepsy Foundation will be sponsoring some hot and cold snacks at the beginning of the festivities [‘til they are gone (2:00-3:00 p.m.)]

COST

\$3.00 for The Arc-Dane County Members
and \$5.00 for Non-Members

In order to make preparations for food and plan for this event, **ticket requests must be received by Monday, December 20, 2010.** Upon receipt of the ticket request and payment, the tickets will be mailed prior to the event. Each person, family or agency is responsible for distributing the tickets purchased. If you have ordered too many tickets or need more tickets, please network with others so that the tickets may be used. Tickets will be distributed on a first come-first served basis.

NOTE:

All clients must carry **emergency contact information** at The Winter Ball.
All clients must provide **own transportation** to and from The Winter Ball.

2011 Winter Ball TICKET REQUEST FORM

Note: The name & address below is where the tickets will be sent!

Thanks for getting your ticket requests in by December 20!

Name: _____ Agency: _____

Address: _____ City: _____ Zip: _____

Phone #: _____ Cell #: _____ Emergency Contact #: _____

_____ TICKETS @ \$3.00 (The Arc-Dane County member). \$ _____

_____ TICKETS @ \$5.00 (Non-member). \$ _____

TOTAL DUE: \$ _____

SEND FORM & PAYMENT **payable to** The Arc-Dane County:

The Arc-Dane County
Paul A. Yochum, Exec. Dir.
6602 Grand Teton Plaza
Madison, WI 53719

FAX #: 833-1307

E-MAIL: arcdane@chorus.net

TELEPHONE: 833-1199

Web site: www.arcdanecounty.org



...And the “Oh, Yeah’s...”

To Place a Connections Ad:

Submit Connections Ads to:
Stefanie Primm, Editor 122 E
Olin Avenue Suite 100
Madison WI 53713 263-
5557, or
primm@waisman.wisc.edu
We will run your ad for 3
issues unless you tell us
otherwise.

Announce a Transition:

Tell us about a new job, an
Engagement, a marriage, a
new place to live, or say
goodbye to someone who has
passed away.

CHOICES by e-mail

Prefer to reduce paper coming
in the mail? Choices
newsletter is now available
electronically via e-mail. If
you would prefer to receive a

PDF or link, please e-mail
Stefanie Primm:
primm@waisman.wisc.edu

Please send your stories, comments and suggestions

Contributions, comments and
suggestions are encouraged
and may be directed to
Stefanie Primm, Editor (see
contact information in the box
to the right).

**CHOICES is
available on-line:**
<http://cow.waismanwisc.edu>
Web versions do not include
Connections ads or
Transitions information.

**The Next Issue
of CHOICES**
will be out in March, 2011.
Contact the editor with
ideas for articles before

January 7. Articles due by
February 5 or until the
issue is full.

Choices is on the COW Website?!

Did you know that Choices
newsletter has a fun color
version that you can view
online??
[http://cow.waisman.wisc.edu/
publications.html](http://cow.waisman.wisc.edu/publications.html)



CHOICES Newsletter

is published quarterly to
provide information to
consumers, families,
guardians, and service
providers about Self-
Determination Services in
Dane County. Contributions,
comments and suggestions
regarding CHOICES are
encouraged and may be
directed to:

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