



# CHOICES

A Newsletter about Self-Determination in Dane County written by individuals with developmental disabilities, for individuals with developmental disabilities, their families and supporters.

Vol. 16 No. 1 | February 2014

## Inside this issue:

Bear In Mind	2
InfoShare	2
Columnists	3
Royster Corners Development	3
Capacity Building Initiative	5-6
Architecture for Adults with Autism	7
Screening for Infants	8
Arc Spring Ball Flyer	9
The "Oh Yeah's"	10

## Movie Review: "One, Two, Three"

By Greg Pesl

One of the two DVDs I watched this past week is the 1961 movie *One, Two, Three* with James Cagney, Pamela Tiffin, and Horst Buchholz. Cagney (in one of his last movie roles) plays C. R. "Mac" MacNamara, a hard-driving executive in charge of the Coca-Cola plant in West Berlin (just before the Wall went up) and performs with the energy of an actor half his age. Tiffin is Scarlett Hazeltine, the amorous Southern-belle daughter of Cagney's boss (the head of the Coca-Cola Company) who falls in love with (and marries) a young Communist from East Berlin (Buchholz). Buchholz's character (the aptly-named Otto Piffel) yells constantly in Communist slogans and hates everything about the West (except Scarlett).

The movie's plot cuts between Mac's stormy family life (Arlene Francis plays Mac's wife Phyllis, who is fed up with being dragged all over the world), an attempt to cut a deal with some Soviet delegates (involving Mac's gorgeous German secretary), a convoluted plot to discredit Otto as a Communist (and annul his and Scarlett's marriage), and the subsequent making-over of Otto into an acceptable son-in-law for Scarlett's blue-blood parents. One of the funniest scenes in the movie takes place when Mac is trying to teach Otto good table manners; at one point he threatens to smack Otto with a grapefruit half (this is straight out of a 1931 Cagney movie, *The Public Enemy*).

I credit director Billy Wilder with using Khachaturian's "Saber Dance" to underscore the frenetic pace of the really fast scenes. I also realize that no review I could give of this movie can do it justice; you'll have to see it yourself. The movie is on DVD in the Public Library system. As Scarlett would say, it's "marvy!"



## Bear in Mind...



Monica Bear is Dane County's  
Community Services Manager for  
Developmental Disabilities

While winter is beginning to feel endless, I have had the good fortune to participate in recent events that warmed my heart and toes. As I have previously written, in 2013 the County Executive and County Board approved a \$237,000 Capacity Building Initiative. As the first year of that effort comes to a close we are taking stock of our progress. On January 24, Beth Mount, a leader in person centered planning and community inclusion led a workshop for the Capacity Building project leaders. People shared stories, mapped their communities, networked and generated ideas for the year ahead. Creativity and positive energy were in abundance. The positive energy continued on February 11 when over seventy Capacity Building project participants gathered at Orchard Ridge Church to celebrate the project's first anniversary. Neighborhood members cooked chili and cornbread for all; project participants met each other, shared stories, showed slides and sang with

Peter Leidy. The County Executive, Joe Parisi attended as did Director of Human Services, Lynn Green.

Here's what we celebrated: 15 people on the waiting list received \$2,000-3,000 per person in individualized funding. People spent the money buying help they needed to obtain and maintain employment, live in their own apartments, join their church choir, obtain respite for their family care giv-

*Continued on Page 5*

## Mark Your Calendar for INFOSHARE! Friday, April 4, 2014 - Sheraton Madison Hotel

Join us on Friday, April 4th from 8:30 AM—3:00 PM for InfoShare, where we will be exploring the complex relationships between consumers and their support providers.

### **General Sessions:**

- ◆ Relationship Mapping with Cindy Kernan
- ◆ Relationship Building, Especially During Transition with Fred Swanson, MMSD
- ◆ A Stellar Relationships Panel
- ◆ Encore musical vignette: *What I Need*

### **Break Outs (topics subject to change)**

- ◆ Christine White: Am I your support person or your friend - who is in charge here?
- ◆ Julie Nichols and Emma Czarapata from Options in Community Living: Creating a My Story Book
- ◆ Peter Leidy: Making Connections: Building Bridges to Community Life
- ◆ Identifying and developing people's gifts and talents with Cindy Kernan
- ◆ LOV-Dane: Negotiating the relationship between the provider/family members and kids as they age and stay at home.
- ◆ Free massage provided by GHC-SCW

**Registration Fee:** \$10 per person. Self-Advocates and support providers are strongly encouraged to attend together. Registration fee includes morning breakfast break, lunch and materials.

**Register Online** at: <https://www.surveymk.com/s/COWRegistration>

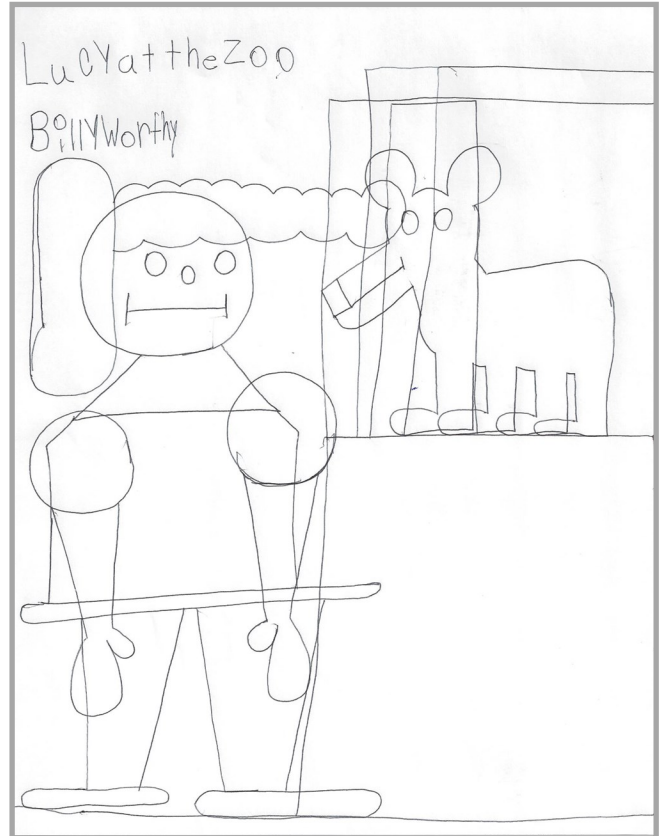


## Columnists

### Sights & Sounds

By Dale Buttke

On one day, I was seeing normal  
That in freshly falling snow  
I just could not see  
Everything had a bright glow.  
And I then I found out I have snow blindness  
And I have to wear sunglasses  
Even if it is cloudy skies  
People might go by thinking, why  
I just wear them anyway.  
And it seems like I have radar hearing  
When sirens go blaring by  
It almost makes me cry  
Distant train I can hear  
When it gets closer  
I have to plug my ears  
And it does every year  
So I ask did GOD give me a talent?  
OF SIGHTS & SOUNDS



## Royster Corners Development

### New Development on the East Side of Madison

By Jeffrey Johnson

Ruedeusch Development and Construction is hoping to start work on a development called Royster Corners. The project is a 28-acre area off of Cottage Grove Road. From 1952 to 2006 the land was a fertilizer plant owned by Royster-Clark. This redevelopment will be the city's biggest project.

David Ahrens, Alderperson from the 15<sup>th</sup> District, states that the community will include 200 new homes, with the new additions of streets and sidewalks. Kyle Adams a Madison developer states, "As a local Madison developer we want to see the project do well."

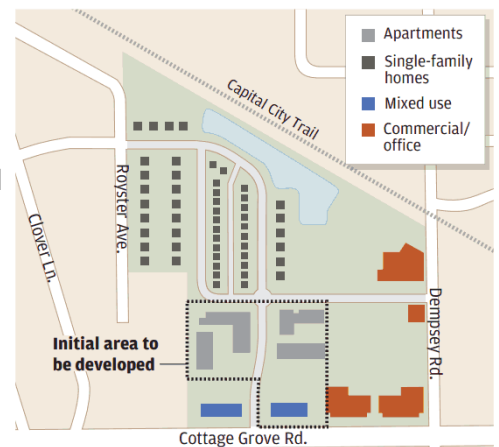
Stonehouse Development is working with Movin' Out on building 70 low-income apartments, underground parking and business spaces. Movin' Out and Stonehouse Development would want to use 1.8 acres out of the 28-acre project.

The Royster Corners project will include single-family homes, apartments, business spaces, streets, sidewalks and planted terraces. The 2009 city plan for

this 28-acre project could take five to 10 years. Ruedeusch is looking for approval to build 51 single-family homes in different sizes and prices. Apartment and business spaces could begin to be built in late 2014. He also is looking to a 3-story apartment building with business access.

The Movin' Out team and Stonehouse Development plans to receive money for their project from different places including the Community Development Block Grant funds Tax Incremental Money Support, City's Affordable Housing Trust Fund, and the Federal Home Loan Bank assistance. They also hope to receive \$7.5 million in state tax credits.

#### Proposed Royster Corners site



State Journal



## *Bear in Mind...continued*

ers or become better connected to community activities and events. Additionally nearly sixty families pooled resources to create four Capacity Building Projects throughout Dane County. Sun Prairie families partnered with the Timebank to strengthen connections to Sun Prairie and each other. Sunshine Place is a hub for cooking classes, community meals and more. Stoughton families hired a Bridge Builder to help individuals focus on deepening their community involvement through fitness and healthy living. Personal training buddies at Anytime Fitness are currently helping build muscles and strengthen cores. Community gardening and meals are in the works. Everyone will be buff by Syttende Mai!

Cross Plains and Mazomanie allied with United Cerebral Palsy's respite program to explore new ways to give parents a break while helping people with disabilities feel less isolated. Watch for bowling in Black Earth, nights out at Rookies, board games at the Cross Roads Coffee House and gatherings at the Cross Plains Library. In Madison, LOV-Dane's Bridge Builders are helping young adults discover their interests in outdoor/adventure activities, creative expression, mental and physical fitness and more. In this issue of Choices you can meet Eric Chase, Katie Pajac and Melissa Church, three of the Bridge Builders helping ensure the Capacity Building initiative remains a success.

More good work abounds. Young adults finishing school in 2014 are beginning to enter the paid workforce, identifying the vocational agencies that will provide their future job coaching and learning more about support brokers. Dan Blomgren serves as a role model for the possibilities that lie ahead. Dan has been a recent media star, promoting integrated employment. He first appeared on Channel 3 news (<http://www.channel3000.com/news/politics/yearlong-initiative-to-help-employees-like-dan-the-man/-/4030/24084906/-/q0c8ug/-/index.html>) then met with Governor Walker at his workplace, McGlynn's pharmacy in Stoughton. Unlike Dan, not everyone has the charisma to convince the Governor to assist them in taking out the trash. However continued focus on employment and capacity building brightens all of our futures.



Dan B. and Governor Walker meet at McGlynn's Pharmacy in Stoughton, where Dan works.



Governor Walker helps Dan with his duties, including taking out the trash.

# Capacity Building Initiative



Eric Chase from LOV-Dane. Photo by Eric Gilbert

## The Bridge Builder

By Jeffrey Johnson

I interviewed Eric Chase about his new job as a Bridge Builder with LOV-Dane. He started his new position at LOV-Dane at the beginning of September. He used to work for Outdoor Community Recreation Access (ORCA) in Ketchikan, Alaska. He first worked there as a volunteer. He then got the Activity Coordinator position after volunteering there for a while. Some of the activities Eric did in his ORCA position included fishing, camping, and backpacking.

As part of his new job as a Bridge Builder Eric has helped a guy get involved with the West YMCA. In addition, Eric helped someone else get help to clean their apartment with a home chore program. He also helps people work on social skills. This helps them to be more connected to the community.

Eric is getting some small social groups started for the members of the Bridge Builder project. These groups will support the people in the project and build community partnerships with LOV-Dane. Eric is starting these groups to help them learn more about their interests so that they can find connections.



A small group from the LOV-Dane Bridge Builder project get together for video games. Photo by Eric Chase.



Melissa Church from Stoughton Dream Project.

## Stoughton Dream Project

By Jeffrey Johnson

I interviewed Melissa Church about her new job. She works with people with disabilities in Stoughton, Wisconsin through the Capacity Building Initiative. Melissa started the job as a Community Bridge Builder for the Stoughton Community Dream Project on October 1<sup>st</sup>, 2013.

Adam is a person with a disability who runs his own recycling company called Adam Can in Stoughton, Wisconsin. Melissa works with Adam Notstad. She found out about the Capacity Building Initiative job through Adam's

mom Deb.

As a Bridge Builder, Melissa helps people with disabilities make connections in the community. When asked how she got interested in working with people with disabilities Melissa said "I have always wanted to help people since I was a kid."

In the Stoughton Community Dream Project, they have worked on a fitness program, eating healthier, and a community garden. Melissa helps get participants a gym membership. While at the gym, participants learn how to use the work out equipment safely. She supported one individual to find a workout buddy who also uses the gym and can help him with his workouts. When the winter is over, they are going to have a Community garden in Stoughton.



Members of the Stoughton Community Dreams project get together go cook a meal at Elvensted.



# Capacity Building Initiative

## The Sun Prairie Timebank

By Jeffrey Johnson

The Timebank project in Sun Prairie is connected to the Capacity Building Initiative and it started in August 2013. The Sun Prairie Timebank project gathered 25 people within the disability system that have needs to be met. Katie Pajac is in charge of the Sun Prairie Timebank project. It is not separate from Dane County Timebank. The Timebank has neighborhood coordinators. There are trying to grow the Timebank membership in Deforest, Windsor, Middleton, and Cottage Grove. They are all part of the Dane County Timebank.

The Timebank is a good tool because everyone is equal. It is a good way to ask someone for help. Anyone can join the Timebank and it is free. It is for people with and without disabilities. Organizations can also belong to the Timebank. Using the Timebank is a way to offer help to other members of the Timebank or other people and organizations for help.

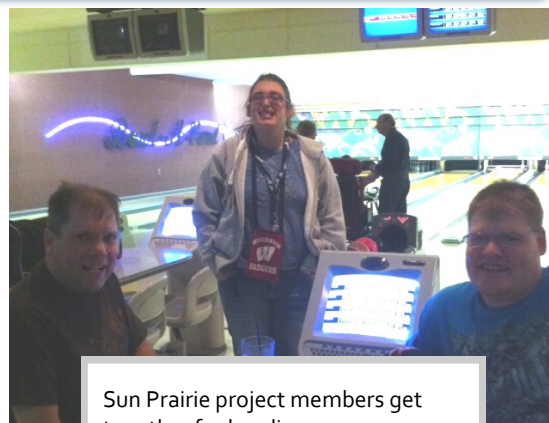
The Dane County Timebank has some projects they are working on including a wellness project, youth court where high school kids can learn how to avoid the court system, and community inclusion. The Sun Prairie Neighbor Care Team Project Kick-off party was a good way to meet other Timebank members.

The Timebank is a network of over 2000 people and organizations who exchange services and skills for time hours to build community and a better world. Some services the Timebank offers include babysitting, gardening, auto repair, house cleaning, painting, dining out, fun and games, and organizations.

The Timebank is a good way to make friends in your community and volunteer your time in the community. Someone interested in the Timebank meets with a community coordinator to help set up an online account, fill out a paper applicator, and help them learn the online system.

Here's what Katie Pajac has to say about the initiative:

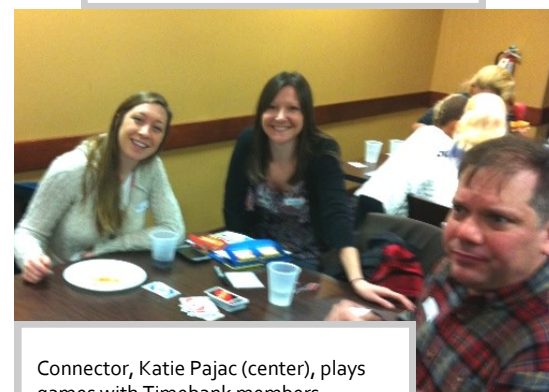
In 2013, an initiative was begun in Sun Prairie and the surrounding area to build a model for Neighborhood Care Teams that can be used in other communities. Neighborhood Care Teams gather the available resources in an area to help people meet their basic needs - such as assistance around the house, access to healthy food, help with transportation, companionship, and other basic services. We are increasing our capacity to connect neighbors with neighbors in a network of mutual support. This project currently has 25 participants that are using the Dane County TimeBank as a tool to connect to their community and gain access to a variety of needed resources. Timebanking not only allows participants to get the help they need but to also help others in return. Interested in helping with the project's continual growth, or want to know more about TimeBank? Visit: [www.danecountytimebank.org](http://www.danecountytimebank.org)



Sun Prairie project members get together for bowling



Sun Prairie project members eat a meal that they prepared together



Connector, Katie Pajac (center), plays games with Timebank members



Several Members of the Stoughton Community Dreams group get together for food.

# Architecture for Adults with Autism

## By Jeffrey Johnson

A 2008 Easter Seals study found 79% of young adults with autism live with their parents and need help looking for a job. The big question for all these people is this: Where will everyone live and work with autism spectrum disorder?

To help answer this question a pair of academics, Kim Steel and Dr Sherry Ahrentzen, a Professor at the Shimberg Center for Housing, created Advancing Full Spectrum Housing. This is a comprehensive design guideline for housing adults with autism. In 2009, the first development to closely follow their template is Sweetwater Spectrum. It is a residence for sixteen adults who span the full range of autism in the heart of California. Sweetwater exists to inspire a life with purpose. The residents have chosen their house-mates. Each family contracts for their own care. Each tenant signs a 12-month lease and pays \$650 rent and an association fee of \$2,600 every month.

New design goals: The buildings shouldn't look like supportive living. They should be safe, and they should inspire interactive community. Marsha Maytum, lead architect for Sweetwater residence, intentionally used specialized design. Some design aspects included are extra-durable, high-impact walls, replaceable carpet tiles, a Floor drain in every bathroom, a swimming pool, and non-toxic building supplies. The kitchen has induction cooktops to limit the possibility of fires and burns. The extra-large kitchen spaces and counter tops help autistic residents feel more comfortable. The layout of all four dwellings is identical. A neighbor's place should feel like home. Sweetwater includes an Organic farm. A solitary staff member, Rachel Kohn Obut, operates the farm.

There are literally hundreds of inquiries about Sweetwater Spectrum. There are currently 30 applications pending for the remaining three bedrooms. Deirdre Sheerin, Sweetwater's executive director, says one of the group's goals is to create and foster a model that can be replicated nationwide.

Mark Jackson started a consulting company to help people with autism find housing and offers support towards getting a job. Jackson comments, "It takes three things: time, money and knowledge." Families pay \$39,000 per year for a child to live at Sweetwater. The great expense precludes low-income people from living in these concept homes, although several scholarships and other financial aid are available in these types of homes.

For example, Sammy Rosenblum is 30 years old and lives in a facility for adults with autism 135 miles from his family place in Bergen County, New Jersey. Sammy will be moving into Airmount Woods; an eight-unit residence developed by Bergen County's United Way and operated by the service agency New Horizons in Autism. The twin four-bedroom house will use some of the latest concepts in building for autism. It is greatly needed because the last housing wait-list for adults with developmental disabilities in New Jersey was 8,000 names long. The group feels they were able to show that affordable housing doesn't have to look like affordable housing.

This article summarized from a New York Times article, "The Architecture of Autism" by Michael Tortorello on October 9, 2013.



Photo: Sweetwater Spectrum



# Screening for Infants

By Jeffrey Johnson

Robert Guthrie of University of Buffalo created a simple test for newborns that is now used to detect over 40 genetic disorders. When the infant is still in the hospital several small spots of blood are collected on a filter paper card. This test card should be sent to the state lab in Madison within a day of collecting the blood sample. This guideline is written on the back of every collection card in Wisconsin.

In 1963, Guthrie discovered that if an infant had large amounts of Phenylketonuria in their blood bacteria would grow in the test. Prior to this test, doctors could not screen babies until they were 6 months to 2 years old for the disorders. Often by the time children were diagnosed irreversible damage had already been done. Guthrie's test made it a disorder that no longer prevented a child from living a full and normal life.

In 2003, only 46 states were screening for six disorders. Today, most states screen for 29 disorders. This screening is recommended as part of the Newborn Screening Saves Lives Act that went into effect in 2008. Newborn screening has become one of our country's most important public health programs. Having the screening done in a timely manner is a matter of life and death for those newborns with disorders.

In one year of data, an investigation showed that nearly 1,800 blood samples from newborns took five or more days to get to the Wisconsin State Laboratory of Hygiene. For five months, the state lab hid the performance of individual hospitals because they didn't want anyone to know how bad they were doing. Quality assurance issues are left up to the state lab to track and audit. Hospitals with bad performance were unaware of their records of accomplishment and had not been notified by the state lab.

Aurora Health Care, one of Wisconsin's largest hospital chains, delivers more than 12,000 babies each year. Five of Aurora's 10 hospitals ranked in the bottom fifth of facilities that sent newborn screening samples late from March 2012 through February 2013. Hospitals have been batching blood samples together from different hospitals to save money. The courier service paid for by the state does not pick up blood samples on weekends or on holidays, creating additional delays.

At hospitals like Wheaton Franciscan Healthcare-St. Joseph in Milwaukee, Wheaton Franciscan Healthcare All Saints in Racine, and Mayo Clinic Health System in Eau Claire at least 99% over of samples got to the lab within five days or less. Only 67% of samples from Kenosha's Aurora medical Center and 76% from Aurora Medical Center made it to the state lab for testing less than five days.

The Wisconsin State Laboratory of Hygiene touts itself as a national leader in newborn screening. Yet lab officials said they have not comprehensively tracked how quickly samples arrive from hospitals. The State Lab now has a new computer system which will allow them to closely track hospital performance.

Summarized from two articles in the Milwaukee Journal-Sentinel, "Son's disability spurred researcher's quest for test" by Mark Johnson and "Wisconsin hospitals sent newborn blood samples late; state fought to keep their performance hidden" by Ellen Gabler, John Fauber and Mark Johnson. Both articles published on November 16, 2013.







## 2014 Spring Ball



**Spring Ball** – sponsored by The Arc-Dane County, anonymous donor and The Madison Concourse Hotel – will be held on **Sunday, March 30, 2013 from 2:00 – 5:00 p.m. at The Madison Concourse Hotel, 1 West Dayton St., Madison, WI.** Tickets must be pre-purchased from The Arc-Dane County for each person. (Sorry, no free tickets for staff, attendants, or family members). The ticket includes the Spring Ball, light snacks and some hot snacks (2:15 p.m. 'til they are gone).

**COST:**        **\$3.00** Arc-Dane County current member  
                  **\$5.00** Non-member

In order to make preparations and plan for this event, ticket requests must be received by Monday, March 17, 2014. Upon receipt of the ticket request and payment, the tickets will be sent prior to the event. Each person, family or agency is responsible for distributing the tickets purchased. If you have ordered too many tickets or need more tickets, please network with others so that the tickets may be used. Tickets will be distributed on a first come-first served basis.

**NOTE:**        All clients must carry emergency contact information at The Spring Ball.  
                  All clients must provide own transportation to and from The Spring Ball.

### **TICKET REQUEST FORM for Spring Ball 2014**

**Note: The name & address below is where the tickets will be sent!**

**Thanks for getting your ticket requests & payment in by March 17!**

**Name:** \_\_\_\_\_ **Agency:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **Cell #:** \_\_\_\_\_ **Emergency Contact #:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

\_\_\_\_\_ **TICKETS @ \$3.00 (Arc-Dane County current member)**        \$ \_\_\_\_\_

\_\_\_\_\_ **TICKETS @ \$5.00 (Non-members)**        \$ \_\_\_\_\_

**TOTAL DUE:**        \$ \_\_\_\_\_

**SEND FORM & PAYMENT payable to The Arc-Dane County:**

**The Arc-Dane County**  
**Paul A. Yochum, Exec. Dir.**  
**6602 Grand Teton Plaza**  
**Madison, WI 53719**

**FAX #:**            833-1307  
**TELEPHONE:** 833-1199

**E-MAIL:**        [arc dane@chorus.net](mailto:arc dane@chorus.net)  
**Web site:**      [www.arcdanecounty.org](http://www.arcdanecounty.org)



## CHOICES Newsletter



The University of Wisconsin-Madison  
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1500 Highland Avenue  
Madison WI 53705

## ...And the “Oh, Yeah’s...”

### CHOICES Newsletter

is published quarterly to provide information to consumers, families, guardians, and service providers about Self-Determination Services in Dane County.

### CHOICES by e-mail

Prefer to reduce paper coming in the mail? Choices newsletter is now available electronically via e-mail. If you would prefer to receive a PDF or link, please e-mail Stefanie Primm:  
[primm@waisman.wisc.edu](mailto:primm@waisman.wisc.edu)

### The Next Issue of CHOICES

will be out in May 2014. Contact the editor with ideas for articles before March 21. Articles due by April 4, 2014 or until the issue is full.

### To Place a Connections Ad:

Submit Connections Ads to:  
Stefanie Primm, Editor 122 E Olin Avenue Suite 100  
Madison WI 53713

263-5557, or  
[primm@waisman.wisc.edu](mailto:primm@waisman.wisc.edu)

We will run your ad for at least 3 issues unless you tell us otherwise.

### Announce a Transition:

Tell us about a new job, an Engagement, a marriage, a new place to live, or say goodbye to someone who has passed away.

### Choices is on the COW Website?!

Did you know that Choices newsletter has a fun color version that you can view online??

<http://cow.waisman.wisc.edu/publications.html>

*Web versions do not include Connections ads or Transitions information.*



### Contributors to this issue:

Greg Pesl, Dale Buttke, Billy Worthy, Jeffrey Johnson, Paul Yochum, Monica Bear and Rachel Weingarten

### Please send your stories, comments and suggestions

Contributions, comments and suggestions are encouraged and may be directed to Stefanie Primm, Editor

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