

For More information on Family Care and the CMO
Call the Aging Resource Center of Milwaukee County at
414 289 - 5874 / TTY: 414 289 - 8591
or visit us on the web at
www.milwaukee.gov/county/aging

My Notes:



Member Centered Planning Guide

What is member centered planning?

All Family Care plans begin with getting to know you and finding out about your hopes for your future.

Member Centered Planning is a way to find out about your goals and finding ways we can reach them together.

Your team (care manager and nurse) will begin by asking you questions about your health, living situation, and circle of support.

This is called an ASSESSMENT - the information from the assessment is used to help you and your team plan the best possible ways to meet your goals.

What can YOU do to help in the planning process?



Before you Meet Your Team

Take some time to think about a few important questions
Your answers will help to prepare a plan that truly meets YOUR goals

1. What would you like to change or improve about your health?
2. What do you like about your present living situation?
3. What would you change about your living situation if you could?
4. Who can you count on to help you today?
5. How do your family, friends, church and community count on you?
6. How do you like to spend your time?
7. If you would like to continue working, what would your ideal job be?
8. What would make your life easier today?
9. What gives you hope”?
10. What is the most important thing you would like your team to know about you?

Other information you should know about member centered planning

All Family Care members have the option to have a more formal member centered planning process completed.

This option is helpful if you feel you can't decide the best way to meet your goals.
Some examples of times when more formal member centered planning is helpful are:

- if you are looking for new ways to spend your day
- if you are seeking employment
- if you are concerned about the value and meaning of your life.

Let your team know if you would like additional help to decide on a plan.