Behavioral Support Plan for: Date: _____ page _____ of ____ Prepared by: Additional contributions by: This Behavioral **INTRODUCTION** Support Plan format This Behavioral Support Plan (BSP) is designed to provide caregivers a positive and consistent approach to is based on the supporting a person's emotional control. This BSP should be updated on a regular basis to reflect the person's changing needs as well as staff's evolving Support strategies. ideas presented in: This BSP consists of 3 interrelated and sometimes overlapping components: 1. Overview: Description of personality traits and general life situation. 2. Stage/Support chart: How a person signals a given behavioral Stage and tailored strategies for Support. 3. Stress Triggers/Support breakout: A detailed examination of what triggers negative behavior in a person and Support strategies to prevent this. Overview: Caregivers are encouraged to participate in this training

Behavioral Support Plan for:	
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ge of	
Stage/Support Cl	hart (part 1)
STAGE of challenging behavior	SUPPORT strategy
ADAPTIVE:	REINFORCE:
HIJHP HVC.	neinronce:
TENSION:	RESPOND:

Behavioral Su	Behavioral Support Plan for:	
Date: page of Stage/Support	: Chart (part 2)	
STAGE of challenging behavior	SUPPORT strategy	
EMOTIONAL DISTRESS:	DIFFUSE:	
PHYSICAL DISTRESS:	PROT€CT:	
RECOVERY:	TALK OUT:	

	Behavioral Support Plan for:			
:				
of				
	Stress Triggers/pro-active Support Chart			
Stress Triggers:		Pro-Active Support:		