



## ***OUR MISSION***

is to address behavioral, psychological, and emotional needs using therapeutic approaches that assure continued participation in supported community life.

These needs are commonly referred to as "challenging behaviors." Many individuals served by TIES also struggle with co-occurring mental health issues.



## **Community TIES**

*Training, Intervention, and  
Evaluation Services*



## **Contact Us**

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A UW Waisman Center behavioral support program serving primarily children/families, adolescents, and adults with intellectual and developmental disabilities who live in the community.

# Community TIES

## Behavioral Consultative Services

TIES activities are a creative blend of various positive practices that have proven effective in meeting complex behavioral and mental health challenges within supported community life.

### Who we serve

Community TIES Behavioral Consultants meet individuals and their caregivers in their homes, workplaces and community settings, establish relationships, assess support needs, and then collaborate with community team on positive approaches promoting self-direction and community inclusion.



### Services we provide

- Provide ongoing needs assessment and progress monitoring through regular visits, team meetings and communications with caregivers and other team members.
- Write “user friendly” individualized behavior support plans that are positive, proactive, and promote safety for everyone involved.
- Facilitate and coordinate access to other available community-based behavioral health related resources (natural supports, psychotherapy, psychiatry).
- Provide training related to positive behavioral health to caregivers based on the individuals’ unique needs. Create additional training tools as needed.
- Provide psychiatry with expertise in developmental disabilities to TIES participants.
- Develop simple tracking sheets to measure effectiveness of supports.
- Provide consultation and training on specialized supports which might include:
  - ◆ co-occurring mental health needs
  - ◆ mindfulness and sensory supports advancing self-regulation
  - ◆ communication and social skills
  - ◆ sexual awareness and safety skills
  - ◆ behavioral health related home modifications
  - ◆ client rights limitation and restrictive measures
  - ◆ proactive outreach to law enforcement
  - ◆ crisis planning and hospital diversion
- Training on Managing Threatening Confrontations: How to effectively support individuals who could experience the full range of behavioral escalation.

